My mother's afraid of the subway It's a living bad dream I hold her hand as the doors close And she pales and stifles a scream Ali's afraid of Ad-libbing Of improvising at jams She is not very happy right now And spends all her money on grams Ade is afraid of commitment So Carla dumped him today She is very disappointed She was hoping he'd beg her to stay Ayo he just wants a girlfriend He's afraid of dying alone He doesn't go out very much Sits at home a lot getting stoned

You see fear is only holding us back Look closely amongst all your peeps There is usually one thing that keeps Us off track It is fear, It is fear, It is fear

Ella is worried about her weight She won't eat in public anymore She is fucking her ex again When they've finished She sleeps on the floor Nate has a heart of gold But give it away he will not His mother abandoned him at ten It's a pain he has never forgot Mary's afraid of herself Her sentences often cut half She will never give her own opinion She's afraid that people might laugh And I am afraid of sharks I will not swim out past my head And sometimes I worry My boyfriend will die My first love is already dead

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Candy is having a baby
She fears she will be like her mom
Her friends say relax take a

Deep breath
And march to a different drum
Sachas afraid of her Marco
She think's that it's all her fault
But if he did what he does to a
Stranger
He'd be locked up and charged
With assault

You see fear is only holding us back Look closely amongst all your peeps There is usually one thing that keeps Us off track It is fear, It is fear, It is fear