Atandari invocation

Yogena cittasya padena vacam Malam sarirasya ca vaidyakena Yo pakarottam pravaram muninam Patanjalim pranjaliranato smi

Abahu-purusakaram Sankha-cakrasi-dharinam Sahasra-sirsasam svetam Pranamami Patanjalim

(Translation from Sanskrit to English)

I am a deep bow with hands folded to Patanjali,
The most excellent of sages, who removed
Impurity of consciousness through yoga
Impurity of speech through word (grammar) and
Impurity of the body through medicine (Ayurveda).

In the form of a man up to the shoulders,
Holding the conch (divine sound), discus (wheel of time)
And sword (discrimination),
Thousand-headed, white,
I bow respectfully to Patanjali.