

Reach For The Rhythm

Shelby Lynne

Every now and then I get to feelin' blue
Ain't no deal baby, I get through
Well a cryin' and a moanin' just ain't my way
The blues may come, but the blues don't stay

I reach for the rhythm
And I reach for the rhythm
Well I reach for the rhythm and throw my cares away

Yes I do get crazy every now and then
About where I'm goin' or where I've been
Oh but when my life is like a stormy day
I ain't gonna let it stay that way

Hey there's really nothing to it I surrender to the music
And I wind up singing along
If I can sing and I can swing
Well then there ain't too much too wrong

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Well then there ain't too much too wrong
Well I reach for the rhythm and throw my cares away