

## Cry For Help

Shed Seven

And it really hurts when I'm thinking about you  
My bet is you feel the same  
And it just gets worse  
All these promises were cruel  
But my bet is you will remain

Did I ever tell you that you shook me to the bone  
When all you did was be yourself  
Have I ever told you  
That you move the world I'm on  
And this is my cry for help

And it really hurts when I'm thinking about you  
And I'm still crying from the pain  
And it only goes to show that I already know  
That I, yeah I guess you will remain

Did I ever tell you that you shook me to the bone  
When all you did was be yourself  
Have I ever told you  
That you move the world I'm on  
And this is my cry for help  
And this is my cry for help

And it really hurts when I'm thinking about you  
And that don't sit too good with me  
And it just gets worse  
All them promises so cruel  
But my bet is you will remain

Did I ever tell you that you brought me to my knees  
When all you did was be yourself  
Have I ever told you  
That you made my whole world bleed  
And this is my cry for help  
And this is my cry for help

And it really hurts when I'm thinking about you  
But my bet is you will remain  
And this is my cry for help  
And this is my cry for help  
This is me crying  
And this is my cry for help  
This is me crying  
This is me dying