```
Well I'm back in your good graces, again.

Remember when you told me that I was your only friend

well you made the best of this life where you never knew

one day from the next, dig your heels in a little girl

put them to the test

you gotta be kind to yourself.

you gotta be kind to yourself

well i heard you had the blues again

seems like all those little things add up in the end

well i know that you heard a lot about things you can't control

so many things we like to have, we just cannot hold.

you gotta be kind to yourself.

you gotta be kind to yourself.

you gotta be kind to yourself.

you gotta be kind to yourself.
```