

# In My Blood

Shawn Mendes

Help me, it's like the walls are caving in  
Sometimes I feel like giving up  
But I just can't, it isn't in my blood

Laying on the bathroom floor, feeling nothing  
I'm overwhelmed and insecure  
Give me something  
I could take to ease my mind slowly  
Just have a drink and you'll feel better  
Just take her home and you'll feel better  
Keep telling me that it gets better  
Does it ever?

Help me, it's like the walls are caving in  
Sometimes I feel like giving up  
No medicine is strong enough  
Someone help me  
I'm crawling in my skin  
Sometimes I feel like giving up  
But I just can't, it isn't in my blood  
It isn't in my blood

Looking through my phone again feeling anxious  
Afraid to be alone again, I hate this  
I'm trying to find a way to chill, can't breathe, oh

Is there somebody who could help me?  
It's like the walls are caving in  
Sometimes I feel like giving up  
No medicine is strong enough  
Someone help me  
I'm crawling in my skin  
Sometimes I feel like giving up  
But I just can't, it isn't in my blood  
It isn't in my blood

I need somebody now  
I need somebody now  
Someone to help me out  
I need somebody now

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