

(Step down) on the hand that keeps me down again  
Will I drown again (will it ever end right now)  
I feel so overwhelmed (somebody took it away)  
Deafening silence breaks the walls I built around me  
The guilt that feeds my soul is here surrounding  
(I know now) that the man who holds me back again  
Will go down again (will it ever end somehow)  
This too shall pass and then (I know I'll get it back)  
(Somebody took it away)  
Deafening silence breaks the walls I built around me  
The guilt that feeds my soul is here surrounding  
Deafening silence breaks the walls I built around me  
The guilt that feeds my soul is here surrounding  
Silence...the silence kills me  
Overwhelming...the silence kills me  
Deafening silence breaks the walls I built around me  
The guilt that feeds my soul is here surrounding  
Deafening silence breaks the walls I built around me  
The guilt that feeds my soul is here surrounding  
(Step down)