What Is This?

Sérgio Mendes

Y'know those days when you don't feel good And everything looks so sad When you get up from your bed It's in your left foot not knowing What to do with your life So you turn on the radio looking for music But you can only hear waste, waste Only waste

Then you return to bed
And decide to pay a visit to the places
You've never seen before
And so you walk, you walk
So you walk and walk and walk and walk
When you look around you in the place
You've never seen before, before, before
Hearing the sound, sound
Who makes you think you are in heaven?

And so you ask, ask, ask (I answer, brothers) And so you ask, ask me What does it mean?

Don't you know this is like a flame my brother? Don't you know this is the music of the hour?