

## Metal Shock

Serart

You're about to see a fight.  
The competents prepare themselves both physically and mentally  
For the dual that lays ahead of them  
If you've ever seen a fight before  
Be it live or staged  
Chances are that you've witnessed it through film or television  
Skill, form, strength, power, speed, and charisma  
Are but a few of the ingredients that make a fighter stand out  
among his peers  
So if you thought all fighters were the same think again and pr  
epare to be educated.