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I was born with wings yet I chose to crawl
Through my mind like a desert void of anything
Anything good at all
Now I hold my head up high
Hang the noose up on the wall
Love help me seeing the invisible
Compassion set me free
Just let go, just let go
Just let go, just let go
May I forgive myself for the person who I think I should be
And may I love myself even when it feels like I don't deserve t
o breathe
What you seek is seeking you
Just let go, just let go
There is no agony like holding on to an untold story
Inside of you, poisoning the truth
Do you want to break the chains?
Take refuge (Take refuge)
Take refuge (Take refuge)
Take refuge (Take refuge)
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Take refuge