I can't believe it's been a year Since I kissed my fears On their salty lips and said to them I love you all

I carried the weight of the world on my shoulders For 20 years and look at me now

I've got something to say
About the last 12 months I've lived
I'm not the same kid I was when I was younger
I just thought you should know
I take a pill every day to help me deal with life

And oh, my god, I've last control
I stare at accidents in a sick attempt to feel at all

I carried the weight of the world on my shoulders For 20 years and look at me now

I've got something to say
About the family that I've lost
I hope my mother and my father think
That they raised a healthy boy
Who needs the help of a shrink to even leave the house?

And oh, my god, I've lost control
I stare at accidents in a sick attempt to feel at all

I'm not the same kid I was when I was younger I just thought you, I just thought you should know I'm not the same kid I was when I was younger I just thought you, I just thought you should know

I carried the weight of the world on my shoulders For 20 years and look at me now and now, and now I'm finding a way to forget everything that I know

I can't believe it's been a year Since I kissed my fears on their salty lips And said to them, 'I love you all'

Don't ask, just follow, repeat and swallow Don't ask, just swallow them down your throat Don't ask, just follow, repeat and swallow Don't ask, just swallow them down your throat

My best friend is a man
With a lab coat and a grin
I hold my shaking hand
And he gives me medicine

It almost makes me feel at home
But they slowly steal my soul
I tell him I still feel alone
?Don't worry someday I promise you will feel whole?

And oh, my god, I've lost control
Of the only thing in life I had a hold of
And oh, my god, I've lost control
Of the only thing in life I had a hold of
And oh, my god, I've lost control
Of the only thing in life I had a hold of