You Raise Me Up

When I am down and, oh my soul, so weary When troubles come and my heart burdened be Then, I am still and wait here in the silence Until you come and sit awhile with me

[Chorus: x2] You raise me up, so I can stand on mountains You raise me up, to walk on stormy seas I am strong, when I am on your shoulders You raise me up, to more than I can be.

There is no life no life without its hunger Each restless heart beats so imperfectly But when you come and I am filled with wonder Sometimes, I think I glimpse eternity

You raise me up, so I can stand on mountains You raise me up, to walk on stormy seas And I am strong, when I am on your shoulders You raise me up, to more than I can be You raise me up, to more than I can be