When the valley is deep When the mountain is steep When the body is weary When we stumble and fall

When the choices are hard When we're battered and scarred When we've spent our resources When we've given our all

In Jesus' name, we press on
In Jesus' name, we press on
Dear Lord, with the prize
Clear before our eyes
We find the strength to press on

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In Jesus' name, we press on
Dear Lord, with the prize
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To press on