

Explanations

Selah Sue

I'm not feeling so well lately
Lying to myself just wait and see
Time of the month so go on blame it all on that
But one week later surprise surprise
Nothing to detect, tears in my eyes
No reason why I feel so damn depressed
So shrink tell me what's going on
I hate myself so bad, just can't hold on
The feeling that I'm locked inside myself

But Sally girl, come on, don't be sad, yeah, just be strong
Don't see black or white, but see things more in grey
But I need explanations and some fitting solutions
Cause, I am turning in a stranger more and more yeah
I need explanations and some fitting solutions
Cause, my emotions make me feel so insecure

I'm not being myself lately, so I try to act more naturally
But that story wasn't planned for me
And instead of that I get more upset
Bad thoughts are spinnin' in my head
Don't say blame it all on puberty

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But don't fake it embrace it cause it's just the way you are
Just wait, meditate, and in the end you'll bring it far

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