The Definition

Scooter

Jumping is an ability that most humans and many animals share t o some degree. It is the process of getting ones body off the ground for a sho rt time using only ones own power Usually by propelling oneself upwards by contraction and then f orceful extension of the legs In some cases the height of a jump may be increased by using a trampoline or by pushing down with the arms whilst playing leapfrog one can jump up to reach something high or jump over a fence or ditch or jump down and one can jump whilst dancing and as a sport but jump also is the synonym for an exciting style of dancing j ust to freak out for sometime now listen to the sounds of Michael, Rick and the Chicks Termin ator. Please Jump