To hurt to cry
I`m holding back the tears
I want to run and hide
From all the wasted years
In this lonely room room
I sit and stare

A man alone (2x)

To down to smile
Now the love has gone
A look for reasons why
Where did we go wrong
In this lonely room
I sit and stare

A man alone (4x)

There is cold feeling
It's like ice around my heart
I feel confusion in my mind
And it's tearin' me apart

To hurt to cry
I'm holding back the tears
I want to run and hide
From all the wasted years
In this lonely room room
I sit and stare

A man alone (4x)