Capsized

Sarah Harmer

when i heard about the coming day wish i could wake up from this dream in it i see a family photographed and there you are, tucked in the scene and theres a jealous net inside my chest theres a hurt and sadness there maybe i'd tell you all about it if i thought you'd care heavy heart gets lighter by your side but there are thoughts i'd wish i'd heard if they ask you how i'm holding up say i'm holding out for the words whats the sense in being so sensitive? can i trade this thin skin for a shell? there are somethings i've got no feeling about but there are some things i can tell heavy heart get lighter by yourself it's been so long since you capsized and you've been lying out there in the sun has it begun? has it begun? heavy heart, have you heard? that i could use the words