

One Second

Sarah Bettens

When something dies comes to life
When water shines in Yellow light
When something moves inside a tree
I wish you saw things just like me

When I walk around, lost and found
And I feel my feet as they touch the ground
And I'm happy just to be right there
I wish that I could somehow
Share the thing my stomach does
When I think of us

What if we had one second to be
Just like the other, what would we see
What if you knew exactly what you are to me
Would you be terribly surprised
To see who I am in my actual size
A second is short, but more than enough
You would feel loved
You would feel loved

What you hear when music sings
What makes you sad, what sadness brings
Do you feel empty when you cry
If I could only find out
Why you fear the things you fear
I'd make it disappear

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