

## One Second

Sarah Bettens

When something dies comes to life  
When water shines in Yellow light  
When something moves inside a tree  
I wish you saw things just like me

When I walk around, lost and found  
And I feel my feet as they touch the ground  
And I'm happy just to be right there  
I wish that I could somehow  
Share the thing my stomach does  
When I think of us

What if we had one second to be  
Just like the other, what would we see  
What if you knew exactly what you are to me  
Would you be terribly surprised  
To see who I am in my actual size  
A second is short, but more than enough  
You would feel loved  
You would feel loved

What you hear when music sings  
What makes you sad, what sadness brings  
Do you feel empty when you cry  
If I could only find out  
Why you fear the things you fear  
I'd make it disappear

What if we had one second to be  
Just like the other, what would we see  
What if you knew exactly what you are to me  
Would you be terribly surprised  
To see who I am in my actual size  
A second is short, but more than enough  
You would feel loved  
You would feel loved

What if we had one second to be  
Just like the other, what would we see  
What if you knew exactly what you are to me  
Would you be terribly surprised  
To see who I am in my actual size  
A second is short, but more than enough  
You would feel loved  
You would feel loved

You would feel loved..