

# Just Showed Up For My Own Life

Sara Groves

Spending my time sleep walking  
Moving my mouth but not saying a thing  
Hoping the changes would take by working their way from the outside in  
I was in love with an idea  
Preoccupied with how a life should appear  
Spending my time at the surface repairing the holes in the shiny veneer

There are so many ways to hide  
There are so many ways not to feel  
There are so many ways to deny what is real

And I just showed up for my own life  
And I'm standing here taking it in and it sure looks bright

I'm going to live my life inspired  
Look for the holy in the common place  
Open the windows and feel all that's honest and real until I'm truly amazed  
I'm going to feel all my emotions  
I'm going to look you in the eyes  
I'm going to listen and hear until it's finally clear and it changes our lives

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Oh the glory of God is man fully alive  
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