

Just Showed Up For My Own Life

Sara Groves

Spending my time sleep walking
Moving my mouth but not saying a thing
Hoping the changes would take by working their way from the outside in
I was in love with an idea
Preoccupied with how a life should appear
Spending my time at the surface repairing the holes in the shiny veneer

There are so many ways to hide
There are so many ways not to feel
There are so many ways to deny what is real

And I just showed up for my own life
And I'm standing here taking it in and it sure looks bright

I'm going to live my life inspired
Look for the holy in the common place
Open the windows and feel all that's honest and real until I'm truly amazed
I'm going to feel all my emotions
I'm going to look you in the eyes
I'm going to listen and hear until it's finally clear and it changes our lives

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Oh the glory of God is man fully alive
Oh the glory of God is man fully alive

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