

One day you're up, next day you're down, where does it end?
War in the east, war in the south no one can win
Hunger and strife taking the lives of brothers and friends
Young people grow, way much too fast to realize

That the spirit brightens up the sun
Everything in life must be as one

Nations collide, defending their pride and blood is the price
Price is too high, no need to die let's turn it around
Let's change the face, the human race, progress will come
Just take the time, look deep inside, we'll understand

That the spirit brightens up the sun
Everything in life must be as one

Can't you feel the spirit grow into the light, spirit, spirit
Can't you see the spirit glowing in the night, yeah

I found the answer, I found the answer

That the spirit brightens up the sun
Everything in life must be as one

Can't you feel the spirit grow into the light
Can't you see the spirit glowing in the night, hey

Can't you feel the spirit grow into the light, spirit, spirit
Can't you see the spirit glowing in the night, hey

I found the answer
I found the stream of light
I found the answer
I found the stream of light