

## Lay It Down

Sanctus Real

I know you have your problems  
'Cause everybody's got 'em  
If you get lost in your sorrows  
Then you could hit rock bottom  
But if you smile in face of trivial things  
And you learn to pray when you wanna complain  
Stand up straight when the Earth is shaking  
And just breathing when you feel afraid  
Oh, don't you know

Those problems you're worried about  
They can't keep you from living now  
When you shake 'em off and lay 'em down, down, down  
At the cross where your freedom's found  
Oh You can stand up no matter what  
March on when times are tough  
Be strong and don't give up  
All you need now  
Is to shake 'em off and lay 'em down  
At the cross where your freedom's found

We all have our seasons  
When we get caught up in our feelings  
And I know there's a time for laughter and a time for pain  
A time for doubt and a time for faith  
But when you believe you can find the strength  
So get back up on your feet

Lay it down, lay it down  
Why you holding on so tight  
Oh, the freedom you will find  
When you let go God will take over the fight  
Oh, just surrender  
And feel what it's like to be free again