

Better Than This

Sanctus Real

It starts in your heart and it
Changes the rhythm of your life
It starts with a spark and it
Turns to a fire burning bright
Out of the darkness, you feel the joy inside

Hey, nothing feels better than this
When the sun comes shining in
It's a new day, you're wide awake
And you feel alive again
Hey yea, hey yea

It burns deep inside,
Changes your world one day at a time
It glows in your soul and it
Reaches the places you thought you could hide
Joy makes you shout into the silence,
Makes you wanna face in the hardest times

Hey, nothing feels better than this
When the sun comes shining in
It's a new day, you're wide awake
And you feel alive again
Nothing feels better than this
The chance to start again
It's a new day and you just can't wait
Cause nothing feels better
Nothing feels better than this

There's gonna be days when you wanna give in
But you can't give in, you can't give up
There's gonna be days when you just can't win
And you need something to get you up
It's more than enough, when you got love inside

Hey yea, hey yea, hey yea

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When the sun comes shining in
It's a new day, you're wide awake
And you feel alive again
Oh, nothing feels better than this
The chance to start again
It's a new day and you just can't wait
Cause nothing feels better
Nothing feels better than this

Hey yea