I feel like I'm trapped inside And this room has been a bit unkind

Won't someone please drag me outside And shower me with light? I know that I can shine But it may take some time

I just need to go out
I need to go out

Anywhere but here is fine
But you better make it soon
Or the leather couch is where you will find me
Won't someone please drag me outside?

I'm going to lose my mind

If I don't go out
If I don't go out
If I don't go out
If I don't go out