Watching the ground,
I swear I've seen these streets before,
I gotta turn it around
Don't wanna be here anymore
Gotta change the way I've been facing,
Spending all my time retracing old scars
So far from where I wanna be
Don't walk with me

Cause I take one step forward and two steps back I'm headed the wrong way, The wrong way on the right track

Like I'm walking backwards
Like standing still would be faster
Cause I know disaster is after me
But I'll get the last word this chapter, you'll see
If I stop walking backwards

Staring ahead
I tell my feet to follow but they're
Just reversing instead
Wouldn't you think that I'd know by now
This is all too familiar
Who knew deja-vu could kill you
Oh no, here I go, it all repeats,
Don't follow me

Cause I take one step forward and two steps back I'm headed the wrong way, The wrong way on the right track

Like I'm walking backwards
Like standing still would be faster
Cause I know disaster is after me
But I'll get the last word this chapter, you'll see
If I stop walking backwards

So maybe I'll crash, and maybe I'll burn
But maybe I'll turn this thing around
If something can change, and lessons are learned
It isn't too late to make up ground
I'm making up ground

'Cause I'm walking backwards
Like standing still would be faster
Cause I know disaster is after me
But I'll get the last word this chapter, you'll see
If I stop walking backwards, hey
(Like standing still would be faster)
'Cause I know disaster is after me
But I'll get the last word this chapter, you'll see
If I stop walking backwards, hey