I hear a voice that's calling that will not be denied. Cold dark memories are frozen from the inside I buried all my demons in a shallow grave Knowing all the while I'd dig them up one day

But I know who I am
And I can't go back to where I've been

I'm dying in the pain
Someone help me break these chains
I don't want it, I don't need it
Just give me back my life
Get me through another night
I don't want it, I don't need it

The guilt that you still carry will sink me like a stone Each time I hit the bottom I still can't let it go I live my life in circles, it's driving me insane This worn out path is proof that something's gotta change

Because I know who I am
And I can't go back to where I've been

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I don't need it I don't need it I don't need it