

# Worry Not

Sage Francis

Worry not, keep your stress in check  
Anxiety's a disease, you gotta learn to live with it  
Cancer spreads, it'll eat right through  
There oughta be a quarantine for people like you

I keep clenching my jaw while I sleep  
I ain't got no dental insurance, so I purchased a mouth piece  
It helps me collect all my teeth, coz they keep falling out in my dreams  
Repeating each step till I'm knee deep in sweat  
Till you need deeper sleep between sheets who need sex  
If you need to eat meat then just feed on the flesh  
If your will power's weak seekin' ye shall find death  
It'll rent it'll lease it'll own you  
You can't teach new tricks to no old fool  
I've been banned from the bible  
But I stand on my own two  
Runnin from something my legs have no clue  
Bur nin through every last nerve that I got  
This condition is more than deserved but I'm not  
Killing the time I'm ringin' it's neck  
Chokin it out and I'm stealin' its breath  
Sucking it in and then blowing a kiss  
To the caution I tossed to the wind like this

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Oh you're scared of the dark? then sleep in the light  
You came for the bark but then leave when I bite?  
Breakin' a sweat,  
Your faint and awake wit a fang in your neck  
And a pain in your chest  
Losing your power your drained and your wet  
When you threw in the towel I caught it like rent  
That was well played - you ain't self made  
You went from daycare to preschool from K-12 grade  
And that's hardwiring in your brain  
Not to mention the rules or the house where you stayed  
Synagogue mosque or the church where you prayed  
As a child tamed like your wild!  
Reprogram - DEPROGRAM  
There aint nothin they say we don't know man  
They been preyin on vulnerable people  
And claimin that everything in us is evil  
I see them in hell then - but until then  
You should chill friend (Just chill!)  
Play pretend with the forces of organized  
Superstition and get played in the end  
We were killing the time I was ringin' it's neck  
Chokin it out and then stealin' its breath  
Sucking it in and then blowing a kiss  
To the caution I tossed to the wind like this