You know you gotta be tough, So pull yourself together You gotta make up your mind There isn't anything that you can't do

Don't let go, it's like a rollercoaster ride Take a chance, we got it going on inside No regrets This ain't a dress rehearsal Welcome to, Welcome to Avalon Heights

I'll take you to a place that'll set you free Down in Avalon I know it'll blow your mind away You gotta believe in yourself now Down at Avalon So don't let your moment slip away

You gotta want it enough Cause if you don't the party's over, But if you got what it takes We're gonna make you into superstars

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So if you want it, we got it, show us what to do Cause we can do it, we'll prove it, demonstrate to you That we're not playin', we're stayin' Cause nothing's gonna stop us till we're through Nothing's gonna stop us

Don't let go, it's like a rollercoaster ride Take a chance, we got it going on inside So regret this ain't a dress rehearsal Welcome to, Welcome to Avalon Heights

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