You turn my head
I spin my wheels
Running on empty
You know how that feels

I'm on a roll now
Or is it a slide?
Can't be too careful
With that dangerous pride
If I could only reach that dial inside
And turn it up

Face up...Face up or you can only back down
Face up...Hit the target or you better hit the ground
Face up...There's still time to turn the game around
Face up...Turn it up
Or turn that wild card down
Face up...Turn it up

Don't complain
Don't explain
I don't think my new resolve
Can stand the strain

I'm in a groove now
Or is it a rut?
I need some feedback
But all the lines are cut
I get so angry, but I keep my mouth shut
And turn it up

You get all squeezed up inside Like the days were carved in stone You get all wired up inside And it's bad to be alone

You can go out, you can take a ride And when you get out on your own You get all smoothed out inside And it's good to be alone Turn it up