When you're out on you're own
And you need some time to decide
Whether you're strong enough
Whether you should give up or try
When you stand on you're own
Here's hoping you'll find,
It's a good day, it's a good day to be alive

When it seems impossible
And you think that you might be lost
When you're feet start to run
And the shackles come off
Look around for the things you need
And you'll find them inside
It's a good day, it's a good day to be alive
It's a good day, it's a good day, it's a good day

I'm not living without hope
you can't tell me that i'm wrong,
try to teach how to come back to my senses, cause I won't
I'm not living without hope
You can't tell me that I'm wrong
Trading places with the person that I thought I was before
You can't tell me that i'm wrong, just as long as I survive
Cause it's a good day to be alive

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