Warm yourself by the fire, son, And the morning will come soon.
 I'll tell you stories of a better time, in a place that we once knew.

Before we packed our bags, And left all this behind us in the dust, We had a place that we could call home, And a life no one could touch.

R: Don't hold me up now,
 I can stand my own ground
 I don't need you help now,
 You will let me down, down, down!

Don't hold me up now,
I can stand my own ground
I don't need you help now,
You will let me down, down, down!
Down !!!

 We are the anhry and the desperate, The hungry, and the cold, We are the ones that kept quiet, And always did what we were told.

But we've been sweating while you slept so calm, In the safety of your home. We've been pulling out the nails that hold up, Everythink you've known.

R: Don't hold me up now,
I can stand my own ground
I don't need you help now,
You will let me down, down, down!

Don't hold me up now,
I can stand my own ground
I don't need you help now,
You will let me down, down, down!

So open your eyes child, Let's be on our way. Broken windows and ashes, Are guiding the way.

Keep quiet no longer,
We'll sing throught the day,
Of the lives that we've lost,
And the lives we've reclaimed.

R: Don't hold me up now,
 I can stand my own ground
 I don't need you help now,
 You will let me down, down, down!

Don't hold me up now,
I can stand my own ground
I don't need you help now,
You will let me down, down, down!

Don't hold me up...
(I don't need your help, I'll stand my ground)
Dont't hold me up...
(i don't need your help)
No! No! No!
Don't hold me up...
(I don't need your help, I'll stand my ground)
Don't hold me up...
(I don't need your help, I'll stand my ground)
Don't hold me up...
(I don't need your help, I'll stand my ground)
Don't let me down, down, down, Down!!!