

# Alive and Well

Rise Against

(Are you ready to rock?)

Now's the time  
To rearrange your life  
Live for something  
Outside of your own mind  
We all dream  
The same dream every night  
To burn the world that you call civilized

Alive and well  
I live to be alive  
And I live to always strive  
For something more  
Alive and well  
I'll never understand  
The who, what, why or when  
Of you tonight...

We face the stares of judgement  
And almost everyday  
The shaking heads  
Of disapproval say,  
"pray for you to give me something  
Then find out that there was nothing else."

Alive and well  
I live to be alive  
And I live to always strive  
For something more  
'cause I'm alive and well  
I'll never understand  
The who, what, why or when  
Of you tonight...

Recite the words inside  
Realize that this is nothing  
Without your voice  
I'm not giving up  
Not giving up  
Not giving up  
And I'll blame the worst on you  
I know what's wrong

Alive and well  
I live to be alive  
And I live to always strive  
For something more  
'cause I'm alive and well  
Nothing ventured, nothing gained  
And I don't need to explain  
Myself to you  
Myself to you