Sometimes in the morning i am petrified and can't move
Awake but cannot open my eyes
And the weight is crushing down on my lungs i know i can't brea
th
And hope someone will help me this time
Your mother's still calling you insane and high
Swearing it's different this time
And you tell her to give in to the demons that possess her
And that godnever blessed her insides
Then you hang up the phone and feel badly for upsetting things
And crawl back into bed to dream of a time
When your heart was open wide and you loved things just because
Like the sick and the dying

And sometimes when you're on you're really fucking on And your friends they sing along and they love you But the lows are so extreme that the good seems fucking cheap And it teases you for weeks in its absense But you'll fight and you'll make it through You'll fake it if you have to And you'll show up for work with a smile And you'll be be better you'll be smarter More grown up and a better daughter Or son and a real good friend And you'll be awake and you'll be alert You'll be positive though it hurts And you'll laugh and embrace all your friends And you'll be a real good listener You'll be honest you'll be brave You'll be handsome you'll be beautiful You'll be happy

You're weak but not giving in
To the cries and the wails of the valley below
Your ship may be coming in
You're weak but not giving in
And you'll fight it you'll go out fighting all of them...