The blood is pounding in my head I feel a tightness in my chest

The room is spinning backwards and I cannot seem to catch my br eath

My life flashes before my eyes I realize I'm gonna choke to dea th $\,$

Asphyxia I cannot breathe someone please help me I suffocate asphyxiate is this the end of me

Shove a finger down my throat and hope that I don't bite it off

I cough I spit I'm in a fit clutching anything in sight
These seconds are my very last I'm turning blue I'm fading fast

Asphyxia I cannot breathe someone please help me I suffocate asphyxiate is this the end of me

The world around me's growing dim I feel a state of shock is ne ar

Panic's taken over and my body is stricken with fear Now I'm hanging by a thread cardiac arrest is here

Asphyxia I cannot breath someone please help me I suffocate asphyxiate is this the end of me

My bodies twitching on the floor my throat is swelling more and more

The pulse is weak inside my vein my life is almost drained No air to make my final cry and no one here to see me die

Asphyxia I cannot breathe someone please help me I suffocate asphyxiate is this the end of me

Asphyxia I cannot breathe someone please help me I suffocate asphyxiate Is this the end of my life'