Catch me, in another dream, I'm pulled away, Hold me, gently take me through another day.

However hard I try,
I crawl when I should fly.
I wander through my days,
Pulled a million ways.

Help me feel the forces I can't touch, I'm reaching out. Help me learn, until I know too much, I'm still without.

These circles pulling me near, Hold me in my fear.
And sleeping I can't hide,
I'm paralysed inside.
Paralysed.