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Well i pick up my guitar
(to look)
i look in the mirror
it's like a stranger in my hand
(baby is cryin')
there comes a time when a boy must leave
(get up)
and the man has to enter
for the soul to understand
(all of the changes)
As if it ain't hard enough
this life i'm livin' in
i was caught with my guard down
when the world came knockin'
I feel a big beat
the rock of life
big beat talk to me
hey
whooh
i feel a back beat
the rock of life
wakin' up blind with the house on fire
Is it somethin' in my head
(look up)
or the time or the season
or the little boy in my head
(must be a reason)
there's new meaning in my life
(shake up)
but there's pain and confusion
and i'm tryin' to understand
(all of the changes)
I've been cut so deep but
i can't make it bleed
i was caught with my head in the sand
when the world came knockin'
I feel a big beat
the rock of life
big beat talk to me
hey
whooh
i feel a back beat
the rock of life
wakin' up blind with the house on fire
It ain't no perfect life
(by far)
this world i'm livin' in
but i was caught with my guard down
when the world came knockin'
I feel a big beat
the rock of life
big beat talk to me
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whooh
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