Do you ever feel like you are drowning
Do you ever feel like you are going under fast
Do you ever feel that you are wasted
And you need a little confidence to pull you through
Do you ever feel like you are losing
Does it ever feel like you are fighting against the tide
Do you ever feel like you are helpless
and you need somebody who can show you the way

You know that I'm always with you You know that I'm by your side You know that I'm always with you In body and soul, body and soul

Do you ever feel like you are running
Do you ever feel like you are hiding from the truth
Do you ever feel that you have wasted all the precious time
that you've been given all of our life

You know that I'm always with you You know that I'm by your side You know that I'm always with you In body and soul, body and soul

You may get so sad and weary
But you're never going under,
do you ever sit and wonder why I
Always there for you 'cos I won't let them drag
No I won't let them drag you down

You know that I'm always with you You know that I'm by your side You know that I'm always with you In body and soul, body and soul