

# When I Go Down

Relient K

I'll tell you flat out it hurts so much to think of this  
So from my thoughts I will exclude  
The very thing that I hate more than everything is  
The way I'm powerless to dictate my own moods

I've thrown away so many things  
That could've been much more  
And I just pray my problems go  
Away if they're ignored  
But that's not the way it works  
No that's not the way it works

When I go down, I go down hard  
And I take everything I've learned  
And teach myself some disregard  
When I go down, it hurts to hit the bottom  
And of the things that got me there  
I think, if only I had fought them

If and when I can  
Clear myself of this clouded mind  
I'll watch myself settle down into a place where  
Peace can search me out and find  
That I'm so ready to be found

I've thrown away the hope I had in friendships  
I've thrown away so many things  
That could have been much more  
I've thrown away the secret to find an end to this  
And I just pray my problems go away if they're ignored  
But that's not the way it works  
No that's not the way it works

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Any control I thought I had  
Just slips right through my hands  
While my ever-present conscience  
Shakes its head and reprimands me  
Reprimands me

Then and there I confess  
I'll blame all this on my selfishness  
Yet You love me and that consumes me  
And I'll stand up again  
And do so willingly

You give me hope, and hope it gives me life  
You touch my heavy heart  
And when You do You make it light  
As I exhale I hear Your voice  
And I answer You, though I hardly make a noise

And from my lips the words I choose to say  
Seem pathetic, but it's fallen man's praise  
Because I love You, oh God, I love You

And life is now worth living  
If only because of You  
And when they say that I'm dead and gone  
It won't be further from the truth

When I go down I lift my eyes to You  
I won't look very far 'cause You'll be there  
With open arms to lift me up again  
To life me up again