```
I feel fine
And I can't smile
But I feel the anger coming
Its underneath
I don't know why
It's always overflowing
It's a constant fight
Deep inside
And I wanna forget it
I confess I'm always afraid always ashamed
Of what's inside me
I confess I'm always afraid always ashamed
Of what's inside my head
And I can't breath
And I still feel
But not the way I want to
I'm on the edge I don't' know how
I can escape this nightmare
I confess I'm always afraid always ashamed
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I confess I'm always afraid always ashamed
Of what's inside me
I confess I'm always afraid, always ashamed
Of what's inside my head
What's inside my head

Wasting away is part of my instinct I'll runaway, everything I hate Take this away, help me escape Take this away I confess, Innocence! Innocence! Innocence!