No Pain No Gain

Each time like the first time last shot that I'll get Got to hit the target I aint got no safety net Taking all the chances put that foot down to the floor If nothing else I Know theres just one way to go Its my philosophy Push hard - You'll see That its meant to be No pain no gain You pick yourself up and you do it again No rest never stop Like I told you gonna rock until I drop Feel down from the mountain bleeding on the floor I can hear them laughing but they don't known the score Work my fingers break your bones 7 I'll Knock down that door They think thats its a sin to have the will to win Its my philosophy I'll kick so hard you'd best be on your guard.

Raven