

## Can't Get Out

Rage

What can I do when the sadness comes through?  
I'd better stay asleep inside my bed  
When every word could be causing a hurt  
I'd better keep the silence than to speak  
Won't someone help me cause I just can't make my mind up to escape

Morning, another day  
Still I'm fighting for a wink of sleep  
The clock rings and I must begin  
But I feel so broken, I could weep  
And I find it hard to stay awake  
Just to make a step costs all my will  
I get no power from a shower, I  
won't make it in an hour  
And my body's aching, am I ill?

Oh, just let me out  
I've tried so hard, I can't get out  
I just can't get out, my state of  
mind won't let me out

Daytime I'm coming round  
And the first thing that I hear is bad  
Then I start to worry everyone around me  
And I'm angry and I'm feeling sad  
I'm screaming I am fighting with  
the people that get in my way  
I'm running and I'm pushing and  
I'm crying and I'm crushing  
My depression made again my day

Oh, just let me out  
I've tried so hard, I can't get out  
I just can't get out, my state of  
mind won't let me out

Can't get out

Awakening this morning  
Trying to get the sleep outta my eyes  
Here it is again... again...