If you get up in the morning at a quarter to one And you want to have a little fun, You brush your teeth ch ch ch ch, ch ch ch ch

If you get up in the morning at a quarter to two And you want to find something to do,
You brush your teeth ch ch ch ch, ch ch ch

If you get up in the morning at a quarter to three And you want to hum a tweedle dee dee,
You brush your teeth ch ch ch ch, ch ch ch

If you get up in the morning at a quarter to four And you think you hear a knock at the door, You brush your teeth ch ch ch ch ch ch ch ch

If you get up in the morning at a quarter to five And you just can't wait to come alive,
You brush your teeth ch ch ch ch, ch ch ch