Uh uh uh uh uh get up
Uh uh for real uh uh
Come on
Ummah, Ummah, Ummah, Ummah

A hard time if your motion is still

Let me move some things around because the lyrics is ill

Abstract..you know my stiggidy in here Niggaz get on and swear it's they fuc kinyear

But yo your girl just moved

to the joint in the club, in the car if it groove Broad look, the movement is on

Mild mannered mami's in Victoria thongs, uh

I give my rhyme a bless

Guaranteed to make it right if your night is a bust You Vivrant and you fres h and all

Original to say the least and you've impressed Kamal Rappers start then they stall

Findin it very hard to make it over the wall Hey, get your weight up, my motto you heard? And I grown a deaf ear to felonious words, uh So girls move it around If you see your main dog give a brother a pound And just uh..

Chorus: Q-Tip

Breathe and Stop, for real and give it what you got, and just uhh Breathe and Stop, for real and give it what you got Give it what you got, give it what you got If you on the block then give it what you got

A thug, a thrill, you as mean as the eyes I wanna feel you, them big ass thi ghs

Your Prada dress or your Gucci bag

with the Polo jeans over doobi-bag, uh

Yo hold the door a-ight?

We comin through, Tribe beef, hold it down for the night

Big Moon got the fifth

D-Lyfe he got the deally and girl you got the gif turn it over the page Usherin all of y'all to a brand new age, where status really don't matter everbody get right to the pitter the patter Makin moves, settin precedence Enterin your residence, the whole scene is decadence

and the feelin is true

I'm seein me and my crew, you seein black and blue, uh So let's go for the ride

Strap yourself in tight and if you bonafied then just uh

Chorus

Dunn what what bring it, bring it A-bring it give it bring it give it A-where we bring it to?

Right here, right where? Right here, here here Right here, take it home home, take it home, right here

Millenium, on your mind, are you runnin out of time? Hope you skippin every line because I'm gettin mine

Move it around a bit again

Every block every town we startin a trend Eye to eye ma and toe to toe Who c oncentratin on killin the show?

Penetration is methodically slow

Mountain high valley low gonna find the dough All my peoples, no matter the creed

We gonna satisfy the urge and discover the need You feel, you feel the bite in this

If you think I'm type real then invite me miss

And let me say a rhyme in your ear

Dancin close you the most and you fit in here You feel the rhythm is right You know the spittin is tight

You think you won't but I think you might, uh

Chorus: 8x