I'm trying to be strong enough
To stand up for myself
But it would be much easier with help
Let's do it together
What do you say?

[CHORUS]

Can you handle it

If we go against the crowd
'Cause I'm counting on you now
What if we push back
When we're pushed around
Tell me can you handle it

Let's take the plunge, let's take the dare Some things are worth a fight 'Cause truth is truth and we know wrong From right

We've braver together Than on our own

[CHORUS]

Are you ready
Are you game
If we thrown down the challenge
We can bring about a change

[CHORUS]

Can you handle it
If we go against the crowd
I'm counting on you now
What if we push back
And we can never back down
Tell me can you handle it