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I cannot wait or stick around I'm giving up, I'm face down It's not me, it's not you But I'm still in this room
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Hey, you choose it Hey, you abused it

It's not you, wipe the tears aside
And you cry and scream
In the middle of the night
Wrapped in a blanket
But you told the lies

Hey, you choose it Hey, abused it Hey, refused it Hey, you lose it

I cry and scream in the middle of the night I can't go to sleep
I shake my head in the middle of the night I can't go to sleep

It's not me, it's not you
Why can't I sleep