

Up & Down & Back Again

Powderfinger

Come and rescue me
From in the water deep
Careful now don't lose your aim
The road ahead is clear again
I haven't found it yet

You drift away so slow
In the ebb and flow
So I landed on my feet
The steadiness is bittersweet
It feels the same when you're pushed
Out and away and into the crush

In all the hidden pleasures you find
In what you're looking for
I hope that you remember that pride
Comes before a fall

I can barely see up and down and back again
Despite what you believe I keep away from trouble
If who I am today's a sign of where I'm going
I'm ready to embrace

Recreate the scene
Of everywhere you've been
Overcome the dreaded curse
A symptom of the universe
It feels the same when you're pushed
Out and away and into the crush

I can barely see up and down and back again
Despite what you believe I keep away from trouble
If who I am today's a sign of where I'm going
I'm ready to embrace

If everybody knows just who you are
When your walk on role becomes a major part
Have you ever attempted to be yourself
When everybody wants you to be someone else
Up and down and back again
Going up and down and back again