

## Joy I Had Was Joy I Sold

Poor Old Lu

There isn't much to say about this song. It seems that every album we put out had some sort of "funk" track on it, and this is probably \*that\* track for '8th Wonder'. I never have liked this song much, but the bridge is nice.... and it seems like it should be in some other song. I guess that's the point.

Joy is a funny thing. It cannot be manufactured. It cannot be purchased. It cannot be traded. It is independent of happiness or relation. Joy comes from the Lord, plain and simple. We should cherish it.

Boom, I fell  
On the ground  
Was it something sad  
That made me mad  
feelings too close to let me free  
And what I have is what I hold  
And joy I had was joy I sold, you see  
crown the pain  
And face the day  
What I thought would last  
Is fading fast