

## Zombies Are Good for Your Health

Poison the Well

this morning when i awoke from the cushioned coils  
eyes pouring their little hearts. it didn't feel normal  
walking here  
religiously  
thinking the same black thoughts  
as always you were'nt lying next to me  
with that smirk on your face right then  
were you giving me the images constantly flickering  
i'll take the advice passed down  
i see you on your side, bad luck  
starlit nights when i awoke from the cushioned coils  
eyes pouring their little hearts. it didn't feel normal.  
nightmares stop reality, thinking the same black thoughts  
this is the last time i'll be confused or compromise  
my emotions