

Lately I have noticed that my life goes up and down
Like a teeter totter rising and falling for two years now
And the older I get the more I day dream to the clouds
But I'll try to act fine, until I teach myself how to be happy
again

[Chorus:]

Cause if it's your heart then it's your life
Stop wasting all this time trying to decide if it turned out al
right
It's your life so it's your choice
How will you use your voice to speak up on what's right

Bum bum bum bum bum, bum bum bum bum bum
Bum bum bum bum bum, bum bum bum bum bum

Lately I have noticed that I lose the ones I like
I don't know who I have until they walk out of my life
But the more time goes on the more I ask myself why
But I'll have to shape up and learn how to laugh instead of cry

[Chorus:]

Cause if it's your heart then it's your life
Stop wasting all this time trying to decide if it turned out al
right
It's your life so it's your choice
How will you use your voice to speak up on what's right

Bum bum bum bum bum, bum bum bum bum bum
Bum bum bum bum bum, bum bum bum bum bum

Lately I have noticed that I seem to try too hard
But by the time I realize I have already gone too far
At least in times like these I see who my true friends are
If you left thinking I'd forget, well I still have the scar

[Chorus x2:]

Cause if it's your heart then it's your life
Stop wasting all this time trying to decide if it turned out al
right
It's your life so it's your choice
How will you use your voice to speak up on what's right