I'm dead and buried oh yeah,

Hi my name is Jack and I'm living proof of a dead man walking, This spirit, this body that's still talking,

It's too late to take precautions my whole worlds already falle n apart, broke as easy as porcelain

And all because I didn't wear a hat when I fucked a yat, now I wish I never even took her back to my flat,

I've been cursed from my dick to the hearse, I can't think of n othing worse and it hurts,

'Cos all this pain I've inflicted on myself, always thought cas ual sex would do me good never bad for my health,

What a foolish thing to think, if I had an ounce of heart left it would probably sink, now I'm on the brink of death, Seemingly there was nothing left for me too look forward to in this life I leave, I'm at my wits end and I can no longer Prete nd to be a happy person when'.. I'm dead and buried

I'm dead and buried oh yeah,
There ain't no hope left for me in this world no,
I'm dead already,
Can never live in heaven when I live in hell,
I'm living in hell'

Hi my name is Alex and I'm a drug addict name any illegal substance on this planet, I've had it,

Leave anything valuable lying around and I'll grab it, I'll do absolutely anything to support my habit,

'Cos without my buzz I'm a nervous wreck, an insecure smackhead running out of veins to inject,

Reality checks get me so upset, gonna make me realise my life's a fucking mess and I ain't got no where to go 'cos my Family h ates me, paranoia sets in and the whole worlds against me, so I buy another 20 bag of scag,

Take it all in one go like an arsehole being fucked by a fag, a nd all my worries get washed away in an instant,

Yo as soon as the rush hits my brain there's a distance, betwee n fact and fiction the truth hurts so much though I've Become a slave to this addiction, I owe dangerous people money I can't afford to pay, every penny gets spent on this Buzz my body crav es, it's man made, A grade, powder with a dark shade I'm too far gone now to ever be saved'I'm Dead and buried

I'm dead and buried oh yeah,
There ain't no hope left for me in this world no,
I'm dead already,
Can never live in heaven when I live in hell,
I'm living in hell'

Alright listen up, can't tell you my name for legal purposes 'c os I'm a convicted felon, looking at 15 years inside and I'm On ly 27, court told me they'd knock it down to at least 11, on go od behaviour get bail after reduced sentence, But things ain't looking good for me back at the scrubs, already caught up in wo rld of violence and drugs, walked into This shit with my eyes c losed looking a mug, came in as a man now its turning me out as a thug, I've shank twin mates Already, one of them's dead the other's close to recovering and is after my head, there's nothi ng I can do now 'cos I've Made my bed, just gonna have to lie i n it and watch where I tread, yo I made a mistake and I know th at now, the only Reason I'm in here is 'cos I thought somehow t hat what I was doing was right, when I loaded up that shotgun a nd Attempted to end that mans life, yo what the fuck would you do if you was in my position? Found out your sisters been Beate n into submission, by her own boyfriend on the floor of her own kitchen and violently raped by him as he tells her To stop bit ching, yeah you'd do the exact same thing as me, play God with a sawn off and cap him in his knee, you'd Chop his balls of if you had the opportunity, cut his dick in half and leave him wit h only an inch to pee, only to find out That it was all in vain 'cos your dumb bitch of a sisters got back together with him a gain, they're engaged to get Married, you're going insane, cont emplating a life in prison where you're gonna remain, You're de ad and buried'

Oh yeah,
I'm dead and buried,
As good as already half dead,
Dunno if I got any heart left,
I'm dead and buried,
As good as my time past yeah,
Might as well be six feet under in a casket
I'm dead and buried,
As good as already half dead,
Dunno if I got any heart left,
I dunno if I got any heart left