

## Bruises

Plain White T's

She tries to hide the bruises she says it wasn't him  
But sometimes he loses his temper  
And again he'll come home and look for a fight  
But she tells herself it's alright  
She hopes someday it's alright

She doesn't tell anybody but everyone can tell  
That there's something she's hiding, she hasn't been herself  
But she still goes out every night she tells herself it's alright  
She hopes someday it's alright...  
it's alright..it's alright..it's alright

She has to make excuses for all of this abuse  
And it's sad the truth is she's scared of what he'll do  
If she'd ever walk out of his life  
So she tells herself it's alright  
She hopes someday it's alright..it's alright..  
It's alright...it's alright..  
it's alright...it's alright..

She sits and she waits it's not getting any better  
It's never too late but she knows it's now or never  
She'll get up the strength to stand up to him tonight  
'cause she knows that it's alright

She says today she's leaving, she says she's had enough  
Sick of being mistreated, she knows that isn't love  
So tonight, she's saying goodbye and she tells herself it's alright  
Yea, she knows she's gonna make it tonight  
Yea, she's finally going on with her life  
And she knows that it's alright...it's alright...it's alright..  
.it's alright...it's alright...  
it's alright...it's alright

She sits and she waits it's not getting any better  
It's never too late but she knows it's now or never  
She'll get up the strength to stand up to him tonight  
'cause she knows that it's alright