

Bruises

Plain White T's

She tries to hide the bruises she says it wasn't him
But sometimes he loses his temper
And again he'll come home and look for a fight
But she tells herself it's alright
She hopes someday it's alright

She doesn't tell anybody but everyone can tell
That there's something she's hiding, she hasn't been herself
But she still goes out every night she tells herself it's alright
She hopes someday it's alright...
it's alright..it's alright..it's alright

She has to make excuses for all of this abuse
And it's sad the truth is she's scared of what he'll do
If she'd ever walk out of his life
So she tells herself it's alright
She hopes someday it's alright..it's alright..
It's alright...it's alright..
it's alright...it's alright..

She sits and she waits it's not getting any better
It's never too late but she knows it's now or never
She'll get up the strength to stand up to him tonight
'cause she knows that it's alright

She says today she's leaving, she says she's had enough
Sick of being mistreated, she knows that isn't love
So tonight, she's saying goodbye and she tells herself it's alright
Yea, she knows she's gonna make it tonight
Yea, she's finally going on with her life
And she knows that it's alright...it's alright...it's alright..
.it's alright...it's alright...
it's alright...it's alright

She sits and she waits it's not getting any better
It's never too late but she knows it's now or never
She'll get up the strength to stand up to him tonight
'cause she knows that it's alright